



APPRECIATION SHEET

Name:

Date:

Write five things that you felt positive about for five days this week. For example:

"I was proud of my art effort."

"I enjoyed playing tiggy."

"I could read five new words today."

"I enjoyed the day's story."

"Miss Smith praised me."

Day One

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Day Two

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Day Three

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Day Four

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- * _____

Day Five

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